

Harpswell Recreation & Community Services Presents:

# NEVER PLAYED BEFORE PICKLEBALL

## AGE 18+



### STARTS APRIL 2

Runs for 6 sessions

### TUESDAY & THURSDAY

6:00 - 7:30 pm

### HARPSWELL COMM. SCH.

308 Harpswell Island Rd.

### PROGRAM COST

\$40 per player

### NEED A PADDLE?

Purchase for \$5!

Trying something new can be intimidating or scary, especially as an adult! We designed this program for adults that have never played pickleball before. Join us to learn the basics of the game and practice skills over six sessions. This will be a welcoming atmosphere where camaraderie and learning go hand in hand!

Pickleball is relatively low impact sport and in addition to helping you become or stay active, it can help with hand-eye coordination and balance. There's guaranteed to be some laughs along the way, too!

For more details, schedule and to register for the program visit:  
[harpswellrecreation.com](http://harpswellrecreation.com)

If you have questions please call or email the office: 207-833-5771 ext. 108  
or [gcaldwell@town.harpswell.me.us](mailto:gcaldwell@town.harpswell.me.us)

